



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **YOUTH T-BALL LEAGUE RULEBOOK**

### **GENERAL RULES:**

1. Everybody plays, everybody wins!
2. No scores will be kept. No league standings will be kept.
3. Team uniform t-shirts and hats should be worn at every game.
4. Each player should play equal playing team as much as possible.
5. Players may not wear jewelry, watches, or metal cleats for safety reasons.
6. All players and coaches are required to line up and shake hands at the end of each game.
7. Communication such as notifications, schedule changes, and cancellations will be made through PLAYERSPACE.

### **SPORTSMANSHIP:**

1. The YMCA is dedicated to teaching the fundamentals of the game of basketball to our youth and provides a healthy recreational activity.
2. Our GOAL is to teach basic fundamentals and techniques under good leadership in an atmosphere of wholesome competition and community participation.
3. We want to instill in youth and adults a sense of enthusiasm, fair play and teamwork, while also emphasizing character development of four essential elements: caring, honesty, respect and responsibility.
4. All parents and fans are encouraged to cheer positively for their child's team as well as all the youth/coaches/officials involved.
5. Parents and coaches are a model for children to follow and should maintain these very principles and practices of sportsmanship. Anyone at the gym or on the court who is exhibiting poor sportsmanship may be asked to leave the premises.
6. Players are also responsible for maintaining and displaying good sportsmanship and if a player is not demonstrating good sportsmanship during game play, the player and team may be penalized.
7. The YMCA believes that its sports programs can help people to grow personally, clarify values, improve relationships, appreciate diversity, develop leadership skills and have fun.

### **IMPORTANT REMINDERS:**

1. Players and coaches are encouraged to show up at least 10 minutes prior to game time.
2. Every coach is responsible for their own conduct. As a Y coach you are a role model for the kids and extension of the Y's missions and values.
3. Profanity and other forms of abuse towards referees, coaches, parents, or players will not be tolerated.
4. Every team is responsible for assisting in cleaning up the playing field and sideline area after each game. Encourage your parents and players to assist in clean up.
5. The Y properties and off-site programs are considered to be SMOKE FREE.

## **GAME RULES:**

1. Games are 3 innings or 45 minutes, whichever comes first. No new innings will be started after 40 minutes.
2. Coaches will umpire the game.
3. Coaches of the defensive team will be permitted to station themselves in the outfield area. Coaches of the offensive team may locate opposite first and third base. At no time can any coach physically participate while the ball is in play.
4. The ball will be hit off a tee located at home plate using a soft tee ball. The offensive team's coaches will adjust the tee.
5. All team members present at the game shall be in the batting rotation and bat continuously in that order (It is permissible to reverse the order every other at bat). Players who are late shall be added to the end of the line-up.
6. Regardless of the number of outs, every player shall bat one time in each inning. Once every player has batted, the teams shall change sides. Visiting team according to the schedule will bat first.
7. After hitting a fair ball, the batter must make an attempt to lay the bat down. If a bat is thrown, the player will be called out and all base runners will return to the base occupied at the start of the play.
8. Players are not permitted to steal or lead off bases.
9. Base runners may continue to advance until time has been called. Base runners may advance only one base on overthrows at any time.
10. If a base runner is out, they must leave the base and return to the bench.
11. A maximum of 6 players may be in the infield. No player shall be closer to the batter than where the pitching rubber would be (The line between first and third base). There is no limit on players in the outfield. No player may block the base path.
12. Every player must play at least one inning in the infield.
13. No more than two players may play in the pitcher position.
14. Play is stopped and the ball is dead when one of the following occurs: A) Any attempted throw by an outfielder to home plate or the pitcher. B) On a throw by an infielder to first base. C) If there is any over-throw at first, second, or third base, runners may advance one additional base only.
15. All trash must be picked up after each game.

## **QUESTIONS:**

1. For any questions, contact Charlie Williams through PLAYERSPACE, by phone number at (618) 283-1258, or E-mail at [cwilliams@fayetteymca.com](mailto:cwilliams@fayetteymca.com).