

YOUTH SPORTS FALL PROGRAM GUIDELINES



FAMILY YMCA OF FAYETTE COUNTY



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA MISSION & IMPACT

The YMCA is a cause-driven organization that is for youth development, for healthy living and for social responsibility. That's why, at the YMCA, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

With a mission to put Christian principles into practice through programs that build a healthy spirit, mind, and body for all, our impact is felt when an individual makes a healthy choice, when a mentor inspires a child, and when a community comes together for a common good.

COVID-19 GUIDELINES

The state of Illinois released an All Sports Policy on July 29, 2020 with an earliest effective date of August 15, 2020. The guidance pertains to all youth and adult recreational sports, including, but not limited to, school-based sports (IHSA & IESA), travel clubs, private leagues and clubs, recreational leagues and centers, and park district sports programs. The guidance will be regularly updated as public health conditions change and new information becomes available. To view the entire All Sports Policy, go to [XXXXXXXXXXXXXXXX](#)

Health Monitoring – Organizers should post information about the symptoms of COVID-19 in order to allow employees, participants, coaches, and spectators to self-assess whether they have any symptoms and should consider going home. If an employee, participant, coach, or spectator does have symptoms, they should wait to enter premise or participate in any sporting activity for a minimum of 10 days after symptom onset OR until feverless and feeling well (without fever-reducing medication) for at least 24 hours OR confirmed to not have COVID-19 via 2 negative COVID-19 tests in a row, with testing done at least 24 hours apart.

If employee, participant, coach, or spectator is identified as being COVID-19 positive by testing, individuals should be notified that may have been exposed and a deep cleaning and disinfecting should be performed according to CDC guidelines. Any individual who has had close contact (15 min or more) with any person who is diagnosed with COVID-19 should quarantine for 14 days after the last/most recent contact with the infectious individual and should seek a COVID-19 test at a state or local government testing center, healthcare center, or other testing location. All other individuals should be on alert for symptoms of fever, cough, or shortness of breath and taking temperature if symptoms develop.

Physical Workspace – For non-school based activities: gatherings of up to 50 individuals, indoors or outdoors, are allowed. Multiple groups of 50 are allowed if thirty feet of space is maintained between groups. Sports organizers should display signage at entry with social distancing guidelines. Sport organizers should designate an area for spectators with existing seating (e.g., bleachers) or in space around area of play. Organizers should ensure at least 6-ft. between seats occupied by spectators that are not members of the same household or party. Spectators should be limited to immediate household members or guardians of participants.



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Disinfecting/Cleaning Procedure – Cleaning and disinfecting premises should be conducted in compliance with CDC protocols on a weekly basis. Minimize sharing of high-touch equipment between nonhousehold individuals. If equipment is to be shared, sports organizers should sanitize equipment before and after use (see EPA approved list of disinfectants). Shared equipment such as athletic balls, thud pads, and sleds should be cleaned frequently during practice and competitions. If practical, sanitize shared equipment during use (e.g., between drills) and encourage frequent hand sanitizing or hand washing. Sport organizers should sanitize any individual recreation stations before and after participants use.

Staffing and Attendance – Group sizes should be limited to 50 persons including participants, coaches, referees, and spectators. Any team member not participating in gameplay should sit on the sidelines 6-ft. apart from one another. Outdoors only, during practice as well as competitive games, multiple groups of 50 or fewer participants are permitted at once as long as: venue allows for social distancing of employees, participants, coaches, and spectators, 30-ft. of distancing is maintained between groups/opposing teams on the sidelines, and areas for each group are clearly marked to discourage interaction between groups outside of competitive gameplay. Sport organizers should design a plan to allow for social distancing within the venue and if needed, designate employee(s) or coaches to monitor social distancing.

External Interactions – For youth sports, suspend post-activity group snacks. As practical, parents dropping off or picking up participants should wait at designated drop-off/pick-up areas and should arrive during designated time windows. Volunteers should abide by static team/group guidelines applied to employees with no mixing between groups for the duration of the season/volunteer period, if practical. If practical, limit spectators to immediate household members or guardians of participants for both outdoor and indoor sports. Spectators from the same household should sit together.

Customer Behaviors – Sport organizers or coaches should maintain attendance log of participants for contact tracing purposes. Participants should wash hands with soap and water or use hand sanitizer before participating. Participants should bring their own source of water and refrain from using any communal sources of hydration (e.g., team water or sports drink jug). There should be no shared athletic towels, clothing, or shoes between participants. No handshakes, high fives, fist bumps, hugs, touching “go team” hand raises, etc. can occur. No spitting or blowing of the nose without the use of a tissue is allowed.



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COMPLAINT, SUGGESTION, AND INAPPROPRIATE BEHAVIOR PROCEDURES

Complaints – All complaints should be brought to YMCA Staff immediately. The problem should be resolved on site, if possible. If the problem cannot be resolved on site, bring it to the attention of the Program Director.

Suggestions – All suggestions will be taken seriously. Suggestions should be made in writing or verbal and must be brought to the attention for further review by the Program Director.

Player Inappropriate Behavior – Cursing, dangerous play, poor sportsmanship, and any form of violence or threats will not be tolerated. Depending on severity, the player could receive a warning or dismissed from league with no refund.

Coach and Parent Inappropriate Behavior – Cursing, encouragement of unfair play, hassling referees, and obnoxious behavior will not be tolerated. Depending on severity, the offender could receive a warning or banned from returning to the site.

PLAYERSPACE YOUTH SPORTS SOFTWARE

PLAYERSPACE is our league management system for youth sports. As a registered participant, you will have access to a personal account within PLAYERSPACE. Once your account is active, you will receive an email* with your username and password as well as a link to access your PLAYERSPACE accounts. Benefits of PLAYERSPACE include:

Parent Functionality:

- Access team game schedule and sync to personal calendar
- View updates posted by coach or other parents
- Message coach directly
- Post video and pictures of game

Coach Expectations:

- Coaches will communicate with teams primarily through PLAYERSPACE email and text messaging
- Coaches will post any practice changes on PLAYERSPACE communication system
- Coaches will monitor posts by team families and respond within a few days

Program Director Communications

- Email and text team alerts of game/practice cancellations due to weather
- Email and text team schedule changes

*Notifications from PLAYERSPACE will be sent to the email address that you provided at registration. Please add noreply@playerspace.com to your safe sender list to ensure you receive all notifications. If you have concerns about the email address that you provided at registration please contact the YMCA.