

# Y VOLUNTEERS ENSURE A BRIGHTER FUTURE

The Y is a cause for **strengthening communities**, committed everyday to youth development, healthy living, and social responsibility.

**When you volunteer at the Y, you take an active role** in bringing about **meaningful and enduring change** right in your own community.

Join us - **we could use someone like you.**

[www.fayetteymca.com/community-engagement-volunteering](http://www.fayetteymca.com/community-engagement-volunteering)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## JOIN OUR COMMUNITY



**FAMILY YMCA OF FAYETTE COUNTY  
2020 PROGRAM GUIDE**

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## FAMILY YMCA OF FAYETTE COUNTY

710 N Rock Island Ave Vandalia, IL 62471

PHONE: (618) 283-1258

WEBSITE: [fayetteymca.com](http://fayetteymca.com)

### REGULAR FACILITY HOURS

MONDAY - FRIDAY	5:00AM - 9:00PM
SATURDAY	8:00AM - 8:00PM
SUNDAY	12:00PM - 8:00PM

## CHARACTER DEVELOPMENT

The YMCA believes that its programs can help people grow personally, clarify values, improve relationships, appreciate diversity, develop leadership skills, and have fun!

We want to instill in youth and adults a sense of enthusiasm, fair play, and team work, while also emphasizing character development of four essential elements: caring, honesty, respect, and responsibility.

## PROGRAMS

### KARATE

**REGISTRATION:** Monthly  
**DATES:** Tuesday/Thursday/Saturday

Karate offers weekly sessions for ages 6 years old and older. Participants are taught martial arts and self-defense techniques. The cost is \$35/member and \$60/potential member.

### SUMMER CAMP

**REGISTRATION:** Yearly  
**DATES:** June 8-12, June 15-19

Kids have the opportunity to explore, find new talents, try new activities, gain independence, and make lasting friendships. The cost is \$79/member and \$99/potential member.

## ADULT PROGRAMS

### 3V3 BASKETBALL

**REGISTRATION:** Yearly  
**DATES:** Feb. 15th, Apr. 25th, Sept. 12th, Nov. 21st

Adult 3v3 Basketball offers four tournaments for ages 18 years old and older. Four-player max per team. The cost is \$20/member and \$25/potential member.

### DODGEBALL

**REGISTRATION:** March/April  
**DATES:** May/June

Adult Dodgeball offers two 4-week sessions. Participants must be in high school or older. The cost is \$30 for one session or \$45 for both sessions.

### SLOW PITCH SOFTBALL

**REGISTRATION:** February/March  
**DATES:** March/April

Coed Adult Slow Pitch Softball offers a 6-week session for ages 18 years old and older. 14-player max per team. The cost is \$20/member and \$25/potential member.



# SPRING PROGRAMS

## SOCCER

**REGISTRATION:** February/March  
**DATES:** March/April

Youth Soccer offers a 6-week session with a 4yrs-1st, 2nd-4th, and 5th-8th grade leagues. Players are taught skills such as passing, shooting, and dribbling. The cost is \$35/member and \$60/potential member.

## KARATE GRAPPLING TOURNAMENT

**REGISTRATION:** February/March  
**DATE:** Saturday, March 21st

The tournament will focus on grappling techniques where participants will exhibit their skills in speed, control, and understanding of distance and reflexes in a competitive setting. Participants will compete in similar weight divisions.

## HEALTHY KIDS DAY

**DATE:** Saturday, May 2nd  
**COST:** FREE

Are the kids in your life already dreaming of summer? When kids are inspired, they can do anything. Let's awaken their imagination so they can explore new activities and healthy habits.

## PEE WEE FLAG FOOTBALL

**REGISTRATION:** February/March  
**DATES:** March/April

Pee Wee Flag Football offers a 6-week session with a 4yrs-1st grade league. This is an instructional league for players. Games will be played 5v5 with a coach as quarterback. The cost is \$35/member and \$60/potential member.

## PARENTS' NIGHT OUT

**REGISTRATION:** March/April  
**DATE:** Saturday, April 18th

Your children will enjoy games and gym time in a safe environment while you enjoy a night out! Concessions will be offered. Sign ups will be taken until the start time on the night of Parent' Night Out.

# SUMMER PROGRAMS

## GOLF CLINIC

**REGISTRATION:** March/April  
**DATES:** May

Youth Golf Clinic offers a week of instruction at the Vandalia Country Club for ages 8-15 years old. The clinic is designed to provide a fun and interactive experience learning the game of golf. The cost is \$40/member and \$70/potential member.

## T-BALL

**REGISTRATION:** April/May  
**DATES:** May/June

Youth T-ball offers a 6-week session for ages 4-5 years old. Players are taught skills such as catching, throwing and batting from a tee. The cost is \$35/member and \$60/potential member.

## PINTO BASEBALL

**REGISTRATION:** April/May  
**DATES:** May/June

Youth Pinto Baseball offers a 6-week session for ages 6-8 years old. This is a coach pitch league. Players are taught skills such as catching, throwing, and batting. The cost is \$35/member and \$60/potential member.

## DODGEBALL

**REGISTRATION:** March/April  
**DATES:** May/June

Youth Dodgeball offers two 4-week sessions with a 2nd-4th and 5th-8th grade leagues. The cost is \$30 for one session or \$45 for both sessions.

## TRAVELING BASEBALL & SOFTBALL

**REGISTRATION:** April/May  
**DATES:** May/June

Youth Traveling Baseball and Softball offers a coach pitch league for ages 7-9 years old and a player pitch league for ages 10-12 years old. The leagues will play games in Farina, Kinmundy, Patoka, Sandoval, St. Peter, and Vandalia. The cost is \$35/member and \$60/potential member.



# FALL PROGRAMS

## SOCCER

**REGISTRATION:** July/August  
**DATES:** September/October

Youth Soccer offers a 6-week session with 4yrs-1st, 2nd-4th, and 5th-8th grade leagues. Players are taught skills such as passing, shooting, and dribbling. The cost is \$35/member and \$60/potential member.

## KARATE SPARRING TOURNAMENT

**REGISTRATION:** July/August  
**DATE:** Saturday, September 19th

The tournament will focus on sparring techniques where participants will exhibit their skills in speed, control, and understanding of distance and reflexes in a competitive setting. Participants will compete in similar weight divisions.

## NFL FLAG FOOTBALL

**REGISTRATION:** July/August  
**DATES:** September/October

NFL Flag Football offers a 6-week session with a 2nd-4th grade league. Players are taught the fundamentals of football through non-contact action. The cost is \$45/member and \$70/potential member.

## BASKETBALL CLINIC

**REGISTRATION:** September/October  
**DATES:** November

Youth Basketball Clinic offers a week of instruction at the YMCA with kindergarten, 1st-2nd, and 3rd-5th grade sessions. Participants will learn the fundamentals of basketball such as dribbling, shooting, passing, and defense. The cost is \$25/member and \$40/potential member.

# WINTER PROGRAMS

## TENNIS CLINIC

**REGISTRATION:** January  
**DATES:** February/March

Youth Tennis Clinic offers a 6-week session of instruction at the YMCA for ages 6-14 years old. Participants will experience an introduction to tennis with level-based competitive play in a fun, social setting. The cost is \$25/member and \$40/potential member.

## BASKETBALL

**REGISTRATION:** October/November  
**DATES:** December/January

Youth Basketball offers a 6-week session with 1st-2nd and 3rd-5th grade leagues. Players are taught skills such as dribbling, shooting, passing, rebounding, and defense. The cost is \$35/member and \$60/potential member.

## VOLLEYBALL CLINIC

**REGISTRATION:**  
**DATES:**

Youth Volleyball Clinic offers a week session at the YMCA for ages 6-14 years old. Participants will learn the fundamentals of volleyball such as serving, setting, hitting, blocking, and digging. The cost is \$25/member and \$40/potential member.

## PARENTS' NIGHT OUT

**REGISTRATION:** November/December  
**DATE:** Saturday, December 12th

Your children will enjoy games and gym time in a safe environment while you enjoy a night out! Concessions will be offered. Sign ups will be taken until the start time on the night of Parent' Night Out.

